

Disability is an asset, featuring Sara Minkara

Sara Minkara is a Lebanese-American Muslim woman who lost her sight at age seven. She is the founder of Empowerment Through Integration (ETI), a nonprofit organization committed to developing a more inclusive society. As she shares in this video interview, she recognizes disability as an asset.

Transcript begins.

[dynamic piano music]

SARA MINKARA: My name is Sara Minkara. I am blind, I'm a Muslim, and I'm a woman.

The narrative that we should have is that, actually, disability is a beautiful part of our identity, it's a beautiful part of our society. It's an asset. My blindness has been a big part of my own strength. It's given me resilience. It's given me creativity. We need to kind of move beyond, "this is something that needs to be fixed."

When a person is not able to do something, it's not because they cannot. It's because the system is not accessible. So by recognizing that, by fixing the system on both the technical level and adaptive level, people with disabilities can really embrace their own disability in a positive way and see it as an asset.

VOICE-OVER: Where are you in your Journey to Inclusion? For more information, go to DisabilityPhilanthropy.org, and promote using the hashtag DisabilityInclusion. Brought to you by the Presidents' Council on Disability Inclusion in Philanthropy.

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